

# Health Monitor GMON

„INDICATE health risks – RATE professionally – REACT prophylactically“

## Register Blood sugar

### Application

Record and observe of the blood sugar value (in mg/dl and mmol/l)

Valuation adjustment of measurements directly after the meals

The screenshot shows the 'Lab values' section for 'Blood sugar' in the Health Monitor GMON application. The interface includes several components:

- Inputs:** A form with 'Blood sugar: 54 mg/dl', 'Last meal: bland (at least 2 hours)', and 'Date: 09.09.2010'. A 'Save' button is present.
- Analysis:** Three charts showing blood sugar levels: a horizontal bar chart for mg/dl (50-130), a line graph for mg/dl (50-80), and a horizontal bar chart for mmol/l (3-7.2).
- Table:** A table with columns 'Date' and 'Blood sugar [mg/dl]'. It lists 11 entries from 16.08.2010 to 09.09.2010.
- Navigation:** Buttons for 'Value Progress', 'Value Table', and 'Blood sugar Risk'. A 'Change' button with a traffic light icon is also visible.
- Legend:** A legend on the right side identifies 'Blood sugar' with a green dot.
- State:** A dropdown menu showing 'State: 29.10.2010 14:46'.
- Bottom Panel:** A 'RISK TREE' on the right side of the interface, which is a hierarchical tree of health indicators.

### Report

All valuations are displayed in the risk tree

The screenshot shows the 'RISK TREE' section of the Health Monitor GMON application. It displays a hierarchical tree of health indicators:

- Health risk
  - Body Composition
    - Body Values
      - Body Fat
      - Body Water
      - Muscle Mass
      - Visceral Fat
    - Body Measures
      - BMI
  - Vital Values
    - Blood Pressure
    - Pulse
  - Lab values
    - Blood sugar

The interface also includes input fields for 'Blood sugar: 54 mg/dl', 'Last meal: bland (at least 2 hours)', and 'Date: 09.09.2010'. A 'Save' button is present. The 'RISK TREE' is on the right side of the interface. The state is 'State: 29.10.2010 14:46'. Buttons for 'Health risk', 'Risk - Valuetable', 'Reports', and 'Help' are visible at the bottom.